Dear Philoptochos Sisters and Friends of Philoptochos,

Χριστός ανέστη!

On behalf of the St. Nicholas Philoptochos Board, I pray that you are all well during these unprecedented and difficult times.

First and foremost, our hearts go out to anyone who has been impacted by the virus, either directly or indirectly. Our thoughts are especially with those who are sick to whom we extend our heartfelt wishes for a full recovery.

As the COVID-19 crisis continues to have a huge emotional effect on ourselves, our parish and our community, we want to help you find ways to cope and process during these complex times. Our Philoptochos is reaching out to all of you to help in
any way. Whether you need to vent, talk, or need any kind of assistance or have questions where we can direct you to the proper resources, please feel free to contact the following ladies.

- **Irene Hotzoglou** 516-330-2299
- **Karen Kalkanis** 917-584-2322
- **Venita Lorras** 718-309-5287
- **Maria Papougenis** 718-428-8727
- **Maria Perdik** 718-578-7967
- **Maria Zolotas** 347-277-4011

Also please take advantage of the **“Philoptochos Connection”** where you may connect with a Direct Archdiocesan District Philoptochos board member. Just call **1-888-520-0650** for a kind word, a laugh, a cry, guidance, assistance, or most importantly a prayer. Please see the information attached.

Our warmest thoughts and prayers are with all of you and your families. Please be careful, be safe and stay well. We are here for you!

With Love and Respect,

Irene Hotzoglou, *Chapter President*
Αγαπητά μέλη και φίλοι της Φιλοπτόχου,

Χριστός ανέστη!

Εκ μέρος της Φιλοπτόχου, προσεύχομαι νά είστε όλοι καλά κατά τη διάρκεια των δύσκολων αυτών ημερών που περνάμε. Συμμεριζόμεθα με όλους που έχουν προσβληθεί από αυτόν τον θανατηφόρο ιό.

Θέλουμε να σας ανακοινώσουμε ότι αν χρειάζεστε να μιλήσετε με κάποια από εμάς στο συμβούλιο, η χρειάζεστε οτιδήποτε βοήθεια, σας παρακαλούμε να επικοινωνήσετε με μία από τις κύριες που αναφέρονται σε αυτό το γράμμα.

Οι προσευχές μας για εσάς και τις οικογένειές σας για συνεχόμενη υγεία και ασφάλεια.

Με αγάπη και σεβασμό,

Ειρήνη Χοτζόγλου
Πρόεδρος
As the COVID-19 crisis continues to have a huge emotional effect on ourselves, our parishes, and our communities, we want to help you find ways to cope, process and help others during this unprecedented time.

Connect with a Philoptochos Board Member from the Direct Archdiocesan District from 9AM–7PM.

1-888-520-0650

When the call comes, Philoptochos answers with love and kindness!
For a kind word, a laugh, a cry, the answer to your question, guidance, assistance or most importantly – a prayer.

If you have a question that we can’t answer we will find the answer for you and call you back as soon as we can.
Almighty God, our Heavenly Father, the Source of life and Fountain of all good things, We come before you asking your mercy on us to halt the spread of the coronavirus. We pray for those already infected with coronavirus that they may receive prompt, effective and compassionate medical care that will restore them to health. We pray your protection and grace for all medical professionals who are courageously treating those infected with coronavirus. May they be shielded, strengthened and guided as they administer healing treatments and care. We pray your protection over those most vulnerable to disease, for our babies, our children, our elders, our poor, disabled and those weakened by other health conditions. We pray for those under quarantine that they might be comforted by your presence and protected from disease, anxiety and fear. We pray for our public healthcare leaders and government agencies that they might be informed and well prepared as they deal with the coronavirus. Grant them the resources and manpower they need to use their wisdom in the best interest of public health. We pray for the researchers who are tracking the course of the coronavirus. May they uncover patterns that will help us understand how to stay healthy. We pray for those searching for treatments, cures and vaccines. May you guide them, reveal new ideas and accelerate their discoveries to fight this disease. We pray for the communities, areas and countries hardest hit by coronavirus. Restore their sense of wellbeing and community. Sustain them, comfort them and give them hope. We pray for all whose lives are disrupted by the coronavirus. We pray for families who have been separated and for those whose livelihoods have been jeopardized. We look to you, Oh God, praying that the spread of the coronavirus will be halted and that many lives might be spared. We pray that through this crisis you may draw us closer to you, grow our compassion and increase our knowledge. Thank you that you are the Great Physician who not only heals us but who is a very present help in our time of need as the Bible tells us that you “Took up all our infirmities and carried our diseases.” (Matthew 8:17 NIV) O Lord, and we give thanks to You, the Father, the Son, and the Holy Spirit, now and forever, and unto ages of ages. Amen